

The Review

December 2025

The latest news, views, and announcements from our Clinic

INSIDE

Contact Lenses

Can you wear what I'm wearing?

Regional Clinics 2026

No Port Lincoln but Berri
Naracoorte and Mildura
options for 2026



Welcome

Welcome to the VLI end of year Newsletter.

It is December! This year is almost over.

We have had many proud achievements this year.

Our move to Port Adelaide has allowed us to conduct more vision therapy in an expanded therapy area. Purchasing some new equipment, new contact lenses and new coatings on lenses have been definite highlights.



Contact lenses

Jim Kenefick

The J&J multifocal are phenomenal.

Extremely comfortable lenses that you forget are in your eyes. Impressive optics that allow you to see close and far range. I have been wearing these contact lenses most of the year and have found them the best contact lenses I have ever worn.

Many of you have tried with varying degrees of success previous generations of multifocal contacts with a 20% success rate. We have tripled that with 2 out of 3 of our patients successfully wearing the lenses.

Ask next time you are looking. Suitable for ages 35-85!

Products

Improved coating on lenses.

We still choose to use 3 labs for our lenses before selecting the best products from each.

Latest night driving coating (CR Labs). Yes, a specifically designed lens coating that improves night driving by maximizing clear vision and minimizing reflections.

Frames - considering stocks in 2026 - tell us what you think

Christmas Closure



Cheryl Smith

Our office will be closed from 4.p.m on Friday the 19/12/2025 December until 0900 on Wednesday the 07 January 2026.

Next year we will look forward to seeing you Wednesday - Fridays.

Wishing you all, health and happiness

Back to School 2026

January is usually a busy time for review appointments for school aged children.

Book now for January and SAVE \$10.00 off for 1 child and \$30 off for 2 or more children. Bookings for this offer must be made for January before 4.p.m on 19th December 2025.



Retirement – Not Yet

Jim Kenefick

I have been asked by several of our patients when am I going to retire? Who will I see if/when you retire?

We have started discussions to look at a succession plan over the next 2-3 years. We want to continue to provide high quality vision care and continue our vision therapy and exercise options.

Quiz - Win a Prize

We are surrounded by 3 museums here the Maritime Museum, Train Museum and the Aviation Museum.

Answer this question correctly to go into the ballot for a **family museum pass** to the museum of your choice. Answers must be in by **18/12/2025**.

The Vision and Learning Institute was first opened on which date?

- a) 01/07/2000
- b) 01/04/1990
- c) 01/07/1996
- d) 01/01/1991

Email your answer to Cheryl on info@visionandlearninginstitute.com.au

Booking Appointments on-line

When booking a review you can book through the link on our website.

Initial appointments for adults and children require a discussion and you will need to call the office.

Regional Clinics 2026

We are looking forward to further trips to conduct our Regional Clinics again in 2026.

Berri and Naracoorte are on the list and a return to Mildura is under consideration.

Unfortunately, we are no longer travelling to Port Lincoln.